

**2018 Florida Senior Games  
December 8, 2018**

**USPA/IPL**

Name		State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs	
Women Raw Powerlifting				Master												
1	Brenda Christine	FL	56kg	54.4	50	122.5	57.5	152.5	332.5	400.197	452.223	270.1	126.8	336.2	733	
56kg Master 70-74																
1	Lana Marcine	FL	56kg	54.9	70	52.5	37.5	100	190	227.05	373.497	115.7	82.7	220.5	418.9	
60kg Master 55-59																
1	Valerie Ingoldsby	FL	60kg	59.9	58	52.5	35	70	157.5	175.817	226.98	115.7	77.2	154.3	347.2	
60kg Master 65-69																
1	Ellen Stein	NY	60kg	59.2	65	162.5	90	197.5	450	506.97	750.316	358.2	198.4	435.4	992.1	
60kg Master 70-74																
1	Sandy Simmons	FL	60kg	59.7	70	75	42.5	102.5	220	246.224	405.038	165.3	93.7	226	485	
2	Lois Hall	FL	60kg	58.9	70	45	42.5	72.5	160	180.96	297.679	99.2	93.7	159.8	352.7	
67.5kg Master 70-74																
1	Joan E. Miller	FL	67.5kg	61.4	74	45	42.5	82.5	170	186.184	334.2	99.2	93.7	181.9	374.8	
75kg Master 60-64																
1	Amy Demers	FL	75kg	73.1	61	60	42.5	82.5	185	178.766	244.194	132.3	93.7	181.9	407.9	
75kg Master 70-74																
1	Joan Mann	FL	75kg	74.7	74	35	35	105	175	166.775	299.361	77.2	77.2	231.5	385.8	
82.5kg Master 60-64																
1	Linda Jo Belsito	MD	82.5kg	79.5	61	125	75	145	345	316.779	432.72	275.6	165.3	319.7	760.6	
SHW Master 50-54																

1	Julie Corbett	FL	SHW	117	51	100	72.5	140	312.5	251.031	287.933	220.5	159.8	308.6	688.9
	Men Raw Powerlifting 60kg Master 75-79														
1	Edward Perez Jr	FL	60kg	58.4	78	100	60	115	275	240.488	471.596	220.5	132.3	253.5	606.3
	67.5kg Master 50-54														
1	Edward Perez III	FL	67.5 kg	66	50	148	128	187.5	462.5	364.96	412.2	325.2	281.1	413.4	1019.6
	67.5kg Master 70-74														
1	Les Garringer	FL	67.5kg	62	73	75	80	132.5	287.5	238.079	418.066	165.3	176.4	292.1	633.8
	75kg Master 70-74														
1	Roger Shaw	FL	75kg	74.8	73	165	92.5	187.5	445	317.686	557.856	363.8	203.9	413.4	981
	82.5kg Master 60-64														
1	Glenn Pedreira	FL	82.5kg	81	63	195	110	195	500	338.7	481.293	429.9	242.5	429.9	1102.3
	82.5kg Master 65-69														
1	Michael MacMillan	FL	82.5kg	80.1	66	107.5	85	137.5	330	225.126	340.165	237	187.4	303.1	727.5
2	Roberto Chomat	FL	82.5kg	81.4	68	92.5	97.5	125	315	212.751	335.296	203.9	214.9	275.6	694.4
	82.5kg Master 70-74														
1	Frank Lancione	FL	82.5kg	77.7	70	52.5	62.5	92.5	207.5	144.358	237.468	115.7	137.8	203.9	457.5
	100kg Master 60-64														
1	Keith Tillman	FL	100kg	93.6	62	152.5	100	160	412.5	258.349	359.88	336.2	220.5	352.7	909.4
2	Kevin Ingoldsby	FL	100kg	93.4	60	100	70	130	300	188.07	252.014	220.5	154.3	286.6	661.4
	100kg Master 70-74														
1	John "Mitch" Alderman	FL	100kg	93.6	70	140	100	182.5	422.5	264.612	435.286	308.6	220.5	402.3	931.4
	110kg Master 70-74														
1	Richard Mintken	FL	110kg	106.5	74	85	82.5	145	312.5	185.813	333.533	187.4	181.9	319.7	688.9

1	125kg Master 50-54														
1	Sam Beckwith	FL	125kg	115.6	54	277.5	220	300	797.5	462.789	557.198	611.8	485	661.4	1758.2
1	125kg Master 55-59														
1	Rick Beier	FL	125kg	113.9	58	125	92.5	215	432.5	251.975	325.299	275.6	203.9	474	953.5
1	Men Classic Raw Powerlifting														
1	75kg Master 50-54														
1	Sean Kearney	FL	75kg	75	53	157.5	122.5	167.5	447.5	318.889	377.564	347.2	270.1	369.3	986.6
1	125kg Master 60-64														
1	Larry Grant	FL	125kg	122.2	60	237.5	127.5	237.5	602.5	344.992	462.289	523.6	281.1	523.6	1328.3
1	Women Raw Bench Only														
1	52kg Master 80+														
1	Yolanda Kristiansen	FL	52kg	50.8	80		25		25	31.73	65.047		55.1		55.1
1	56kg Master 70-74														
1	Lana Marcine	FL	56kg	54.9	70		37.5		37.5	44.813	73.717		82.7		82.7
1	60kg Master 70-74														
1	Sandy Simmons	FL	60kg	59.7	70		42.5		42.5	47.566	78.246		93.7		93.7
1	67.5kg Master 65-69														
1	Martha Loss	FL	67.5kg	62.3	67		35		35	37.909	58.494		77.2		77.2
1	67.5kg Master 70-74														
1	Joan E. Miller	FL	67.5kg	61.4	74		42.5		42.5	46.546	83.55		93.7		93.7
1	75kg Master 60-64														
1	Amy Demers	FL	75kg	73.1	61		42.5		42.5	41.068	56.099		93.7		93.7
2	Belinda Slater	FL	75kg	71.5	64		37.5		37.5	36.773	53.321		82.7		82.7

75kg Master 70-74											
1	Joan Mann	FL	75kg	74.7	74	35	35	33.355	59.872	77.2	77.2
SHW Master 65-69											
1	Peggy Busacca	FL	SHW	100	65	65	65	54.119	80.096	143.3	143.3
2	Lynn Waishwell	IL	SHW	103.7	65	35	35	28.851	42.699	77.2	77.2
Men Raw Bench Only											
90kg Open											
1	Brian Hart	FL	90kg	88.4	62	162.5	162.5	104.715	145.868	358.2	358.2
Men Raw Bench Only											
60kg Master 75-79											
1	Edward Perez Jr	FL	60kg	58.4	78	60	60	52.47	102.894	132.3	132.3
67.5kg Master 50-54											
1	Edward Perez III	FL	67.5kg	65.6	50	127.5	127.5	100.61	113.689	281.1	281.1
67.5kg Master 55-59											
1	Jeffrey Ebihara	FL	67.5kg	67.5	56	102.5	102.5	79.028	98.469	226	226
67.5kg Master 60-64											
1	Oscar Estrada	FL	67.5kg	67.1	64	70	70	54.229	78.632	154.3	154.3
67.5kg Master 70-74											
1	Les Garringer	FL	67.5kg	62	73	80	80	66.248	116.331	176.4	176.4
75kg Master 55-59											
1	Shezad Sanaullah	FL	75kg	71.7	56	107.5	107.5	79.12	98.584	237	237
2	Mark Codd	FL	75kg	74.8	59	105	105	74.96	98.572	231.5	231.5
75kg Master 65-69											
1	Tony Spinelli	FL	75kg	70.2	69	67.5	67.5	50.477	81.268	148.8	148.8

75kg Master 70-74											
1	Harry (Ed) Hansen	FL	75kg	72.4	70	110	110	80.377	132.22	242.5	242.5
75kg Master 80+											
1	Bill Tinkler		75kg	72.8	84	72.5	72.5	52.766	118.09	159.8	159.8
DQ	Larry Bostick	FL	75kg	71.4	82	0	0	0	0	0	0
82.5kg Master 55-59											
1	Hubert Williams	LA	82.5kg	77.3	58	142.5	142.5	99.479	128.427	314.2	314.2
82.5kg Master 60-64											
1	Gerald Smith	FL	82.5kg	80.3	63	120	120	81.732	116.141	264.6	264.6
82.5kg Master 65-69											
1	Roberto Chomat	FL	82.5kg	81.4	68	97.5	97.5	65.852	103.783	214.9	214.9
82.5kg Master 70-74											
1	Stu Levin	FL	82.5kg	77.9	73	87.5	87.5	60.769	106.71	192.9	192.9
2	Frank Lancione	FL	82.5kg	77.7	70	62.5	62.5	43.481	71.526	137.8	137.8
82.5kg Master 80+											
1	Robert Cseh	FL	82.5kg	82.5	83	82.5	82.5	55.267	121.035	181.9	181.9
90kg Master 55-59											
1	David Whitsett	FL	90kg	90	58	107.5	107.5	68.628	88.599	237	237
2	Ronald Runde	FL	90kg	88.6	57	105	105	67.578	85.689	231.5	231.5
90kg Master 60-64											
1	Brian Hart	FL	90kg	88.4	62	162.5	162.5	104.715	145.868	358.2	358.2
90kg Master 65-69											
1	Roy Reynolds	FL	90kg	83.7	66	97.5	97.5	64.76	97.852	214.9	214.9
2	Mario Busacca	FL	90kg	88.8	67	82.5	82.5	53.031	81.827	181.9	181.9

90kg Master 70-74											
1	Richard Pastuck	FL	90kg	86.4	73	97.5	97.5	63.599	111.68	214.9	214.9
100kg Master 60-64											
1	Gary Wright	OH	100kg	94.6	62	117.5	117.5	73.226	102.004	259	259
2	George E Woodbury	FL	100kg	98.6	63	100	100	61.21	86.979	220.5	220.5
3	David Frimmel	FL	100kg	98.8	60	90	90	55.044	73.759	198.4	198.4
100kg Master 65-69											
1	Thomas Fleischmann	FL	100kg	92.4	65	110	110	69.311	102.58	242.5	242.5
100kg Master 80+											
1	Joseph Jackson	FL	100kg	94.1	82	70	70	43.729	93.711	154.3	154.3
110kg Master 65-69											
1	Mitchell Sussman	FL	110kg	103.3	65	92.5	92.5	55.602	82.291	203.9	203.9
110kg Master 70-74											
1	Richard Mintken	FL	110kg	106.5	74	82.5	82.5	49.055	88.054	181.9	181.9
<b>125kg Master 50-54</b>											
1	Sam Beckwith	FL	125kg	115.6	54	220	220	127.666	153.71	485	485
2	Michael Mitts	FL	125kg	122.2	53	92.5	92.5	52.966	62.712	203.9	203.9
125kg Master 70-74											
1	Howard Brown	FL	125kg	118.4	71	115	115	66.332	111.504	253.5	253.5
Women Raw Deadlift Only											
56kg Master 70-74											
1	Lana Marcine	FL	56kg	54.9	70	100	100	119.5	196.578	220.5	220.5
60kg Master 70-74											
1	Sandy Simmons	FL	60kg	59.7	70	102.5	102.5	114.718	188.711	226	226

67.5kg Master 65-69											
1	Martha Loss	FL	67.5kg	62.3	67	65	65	70.402	108.63	143.3	143.3
67.5kg Master 70-74											
1	Joan E. Miller	FL	67.5kg	61.4	74	82.5	82.5	90.354	162.185	181.9	181.9
75kg Master 60-64											
1	Amy Demers	FL	75kg	73.1	61	82.5	82.5	79.72	108.898	181.9	181.9
2	Belinda Slater	FL	75kg	71.5	64	75	75	73.545	106.64	165.3	165.3
75kg Master 70-74											
1	Joan Mann	FL	75kg	74.7	74	105	105	100.065	179.617	231.5	231.5
SHW Master 65-69											
1	Peggy Busacca	FL	SHW	100	65	115	115	95.749	141.709	253.5	253.5
2	Lynn Waishwell	IL	SHW	103.7	65	85	85	70.066	103.698	187.4	187.4
Men Raw Deadlift Only											
60kg Master 75-79											
1	Edward Perez Jr	FL	60kg	58.4	78	115	115	100.568	197.214	253.5	253.5
67.5kg Master 50-54											
1	Edward Perez III	FL	67.5kg	65.6	50	187.5	187.5	147.956	167.19	413.4	413.4
67.5kg Master 70-74											
1	Les Garringer	FL	67.5kg	62	73	132.5	132.5	109.723	192.674	292.1	292.1
75kg Master 55-59											
1	Mark Codd	FL	75kg	74.8	59	122.5	122.5	87.453	115.001	270.1	270.1
75kg Master 65-69											
1	Tony Spinelli	FL	75kg	70.2	69	107.5	107.5	80.389	129.426	237	237
75kg Master 70-74											

1	Roger Shaw	FL	75kg	74.8	73	187.5	187.5	133.856	235.051	413.4	413.4
	75kg Master 80+										
DQ	Bill Tinkler		75kg	72.8	84	0	0	0	0	0	0
	82.5kg Master 55-59										
1	Leslie Harris	NY	82.5kg	81.8	59	152.5	152.5	102.694	135.043	336.2	336.2
	82.5kg Master 65-69										
1	Roberto Chomat	FL	82.5kg	81.4	68	125	125	84.425	133.054	275.6	275.6
	82.5kg Master 70-74										
1	Frank Lancione	FL	82.5kg	77.7	70	92.5	92.5	64.352	105.859	203.9	203.9
	90kg Master 55-59										
1	David Whitsett	FL	90kg	90	58	165	165	105.336	135.989	363.8	363.8
	90kg Master 65-69										
1	Roy Reynolds	FL	90kg	83.7	66	100	100	66.42	100.361	220.5	220.5
	100kg Master 60-64										
1	George E Woodbury	FL	100kg	98.6	63	110	110	67.331	95.677	242.5	242.5
	100kg Master 65-69										
1	Charles Nelson	FL	100kg	95.5	65	200	200	124.12	183.698	440.9	440.9
	110kg Master 65-69										
1	Mitchell Sussman	FL	110kg	103.3	65	137.5	137.5	82.651	122.323	303.1	303.1
	110kg Master 70-74										
1	Richard Mintken	FL	110kg	106.5	74	145	145	86.217	154.76	319.7	319.7
	125kg Master 50-54										
1	Sam Beckwith	FL	125kg	115.6	54	300	300	174.09	209.604	661.4	661.4



2	Michael Mitts	FL	125kg	122.2	53		185	185	105.931	125.422		407.9	407.9
	125kg Master 70-74												
1	Howard Brown	FL	125kg	118.4	71		155	155	89.404	150.288		341.7	341.7
	Women Raw Push-Pull 56kg Master 70-74					Master							
1	Lana Marcine	FL	56kg	54.9	70	37.5	100	137.5	164.313	270.295	82.7	220.5	303.1
	60kg Master 70-74												
1	Sandy Simmons	FL	60kg	59.7	70	42.5	102.5	145	162.284	266.957	93.7	226	319.7
	67.5kg Master 70-74												
1	Joan E. Miller	FL	67.5kg	61.4	74	42.5	82.5	125	136.9	245.736	93.7	181.9	275.6
	75kg Master 50-54												
1	Teresa Canizaro	FL	75kg	68.7	53	55	102.5	157.5	158.744	187.953	121.3	226	347.2
	75kg Master 60-64												
1	Amy Demers	FL	75kg	73.1	61	42.5	82.5	125	120.788	164.996	93.7	181.9	275.6
2	Belinda Slater	FL	75kg	71.5	64	37.5	75	112.5	110.318	159.961	82.7	165.3	248
	75kg Master 70-74												
1	Joan Mann	FL	75kg	74.7	74	35	105	140	133.42	239.489	77.2	231.5	308.6
	82.5kg Master 65-69												
DQ	Helen Hankerson	FL	82.5kg	81.1	65	130	0	0	0	0	286.6	0	0
	SHW Master 65-69												
1	Peggy Busacca	FL	SHW	100	65	65	115	180	149.868	221.805	143.3	253.5	396.8
2	Lynn Waishwell	IL	SHW	103.7	65	35	85	120	98.916	146.396	77.2	187.4	264.6
	Men Raw Push-Pull 110kg Open					Open							

1	D L Diltz	MN	110kg	105.1	70	130	190	320	191.168	314.471	286.6	418.9	705.5
	Men Raw Push-Pull 60kg Master 75-79			Master									
1	Edward Perez Jr	FL	60kg	58.4	78	60	115	175	153.038	300.108	132.3	253.5	385.8
	67.5kg Master 50-54												
1	Edward Perez III	FL	67.5kg	65.6	50	127.5	187.5	315	248.567	280.881	281.1	413.4	694.4
	67.5kg Master 70-74												
1	Les Garringer	FL	67.5kg	62	73	80	132.5	212.5	175.971	309.005	176.4	292.1	468.5
	75kg Master 55-59												
1	Mark Codd	FL	75kg	74.8	59	105	122.5	227.5	162.412	213.572	231.5	270.1	501.5
	75kg Master 65-69												
1	Jeff Friedman	FL	75kg	74.9	66	95	147.5	242.5	172.951	261.329	209.4	325.2	534.6
2	Tony Spinelli	FL	75kg	70.2	69	67.5	107.5	175	130.865	210.693	148.8	237	385.8
	75kg Master 70-74												
1	Roger Shaw	FL	75kg	74.8	73	92.5	187.5	280	199.892	351.01	203.9	413.4	617.3
	75kg Master 80+												
DQ	Bill Tinkler		75kg	72.8	84	72.5	0	0	0	0	159.8	0	0
	82.5kg Master 65-69												
1	Roberto Chomat	FL	82.5kg	81.4	68	97.5	125	222.5	150.277	236.837	214.9	275.6	490.5
	82.5kg Master 70-74												
1	Frank Lancione	FL	82.5kg	77.7	70	62.5	92.5	155	107.834	177.387	137.8	203.9	341.7
	90kg Master 55-59												
1	David Whitsett	FL	90kg	90	58	107.5	165	272.5	173.964	224.588	237	363.8	600.8

90kg Master 65-69													
1	Roy Reynolds	FL	90kg	83.7	66	97.5	100	197.5	131.18	198.213	214.9	220.5	435.4
100kg Master 65-69													
1	Bob Whitten	FL	100kg	96.5	68	107.5	170	277.5	171.412	270.145	237	374.8	611.8
110kg Master 65-69													
1	Mitchell Sussman	FL	110kg	103.3	65	92.5	137.5	230	138.253	204.614	203.9	303.1	507.1
110kg Master 70-74													
1	D L Diltz	MN	110kg	105.1	70	130	190	320	191.168	314.471	286.6	418.9	705.5
2	Carlton Gillman	FL	110kg	104.1	70	92.5	137.5	230	137.862	226.783	203.9	303.1	507.1
3	Richard Mintken	FL	110kg	106.5	74	82.5	145	227.5	135.272	242.813	181.9	319.7	501.5
125kg Master 50-54													
1	Michael Mitts	FL	125kg	122.2	53	92.5	185	277.5	158.897	188.134	203.9	407.9	611.8
125kg Master 70-74													
1	Howard Brown	FL	125kg	118.4	71	115	155	270	155.736	261.792	253.5	341.7	595.2
BEST LIFTER													
MALE		SAM BECKWITH											
FEMALE		ELLEN STEIN											
BENCH PRESS													
MALE		SAM BECKWITH											
FEMALE		APRIL SHUMAKER											
DEAD LIFT													
MALE		SAM BECKWITH											
FEMALE		ELLEN STEIN											
JUDGES		RICHARD FICCA, ANDREW YERRAKADU, JENN ROTSINGER, SCOTT SIMONSON RAFE BROX, ALEX GENILLE (PRACTICAL)											